

Delaware Board of Massage and Bodywork
Approved Continuing Education Courses for the Period Ending August 31, 2028

“Continuing Education must maintain, improve, or expand the skills and knowledge obtained prior to licensure or certification, or develop new and relevant skills and knowledge.”

Certified Massage Technicians and Licensed Massage Therapists must complete **24 hours** of continuing education (CE) during each two-year license cycle. The 24 hours of CE must include:

- Three hours in ethics, which you may take online,
- Nine hours of core credits, all which you must take *in a classroom, hands-on setting* – not online,
- 12 hours of elective or core credits, all which you may take online.

For complete information on CE requirements, see Section 9.0 of the [Rules and Regulations](#).

- Explanation of categories (as shown below on listing):

Elective course means a CE course with a subject matter that is outside the “practice of massage and bodywork,” which does not directly contribute to the professional competency of the massage/bodywork therapist or massage technician. Elective courses must have one of the following subject matters: modalities outside the “practice of massage and bodywork,” personal growth, self-improvement and business management. You may take elective courses online.

Core course means a CE course with a subject matter within the “practice of massage and bodywork,” which contributes to the professional competency of the massage/bodywork therapist or massage technician. Core courses must be designed to maintain, improve, or expand skills and knowledge or to develop new and relevant skills and knowledge. **You must complete core courses other than the ethics requirement in a classroom/hands-on setting. You may complete the ethics requirement in a classroom or online.**

- The Delaware Board automatically approves the content of courses that are approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB), American Massage Therapy Association (AMTA) and Associated Bodywork and Massage Professionals (ABMP) (Section 9.5.1 of the Board’s [Rules and Regulations](#)). Approval is subject to the requirements and limitations under Sections 9.4 of the Board’s [Rules and Regulations](#). If you take a course that none of these organizations nor the Delaware Board has approved, you may submit a request for approval of the course.

To request approval, log into your online DelPROS dashboard and click on **Service Request** in the blue navigation bar at the top of the screen. (If you do not hold a Delaware license **AND** you are submitting this request as a course provider, select **NO** to the question “Is your request specific to a particular license or application you hold?”)

Additional information on how to submit a Service Request for CE approval can be found online under the Board of Massage and Bodywork - [Massage Service Requests](#).

- Make sure that you receive a certificate for all of the CE courses that you take. Continuing Education (CE) is tracked in DelPROS, the Delaware Professional Regulation Online Service. Instructions for **Entering Continuing Education in the CE Tracker** can be found online under the Board of Massage and Bodywork – [Continuing Education and Audit Information](#).

Do not send copies of your certificates to the Board office unless you receive an Audit Notice.

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- You must also keep your CPR current at all times.

Information for CE Providers

If the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB), American Massage Therapy Association (AMTA) or Associated Bodywork and Massage Professionals (ABMP) has already approved your company as a provider or has approved your courses, do not submit the courses to the Delaware Board for approval because the Delaware Board automatically approves the content of these courses under Section 9.5.1 of its [Rules and Regulations](#). Please enter your NCBTMB provider number or other identifying number on the certificates issued.

Board-approved CE courses remain approved until the end of the current license period on August 31 of the next even year. However, please notify the Board office by email or mail if you:

- Change your contact information
- Change a course title or instructor
- Close your business or stop offering a course

PROVIDER	CONTACT	COURSE TITLE	COURSE HOURS	COURSE APPROVAL #
Michelle Reynolds		Practical Trigger Point & Lymphatic Techniques for Everyday Massage	9 hrs Core	MAS-AC-090926-147557
Bowling Green State University- DPT Program		PHYT 7401- Musculoskeletal Practice I	15 hrs Core	MAS-AC-091826-148851
Medbridge		The Movement System: Assessment and Treatment of Knee pain	1.75 hrs Elective	MAS-AC-091826-149344
Medbridge		IASTM: An Introduction to the Spine	1.75 hrs Elective	MAS-AC-091826-149350
Medbridge		Ethics for Physical and Occupational Therapy Professionals	2 hrs Ethics- Core	MAS-AC-091826-149343
Medbridge		IASTM: An Introduction to the Upper Quarter	1.75 hrs Elective	MAS-AC-091826-149346
Medbridge		IASTM: An Introduction to the Lower Quarter	1.75 hrs Elective	MAS-AC-091826-149348

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Medbridge		Hamstring Strains:Advanced Clinical Decision Making and Solutions	2 hrs Elective	MAS-AC-091826-149351
Medbridge		Evidence Based Exam of the Cervical Spine: An Update	2.5 hrs Elective	MAS-AC-091826-149352
Medbridge		Welcoming LGBTQ Patients and Clients	1.25 hrs Elective	MAS-AC-091826-149354
Tranquil Spirit		Reiki Level One Workshop	13 hrs Elective	MAS-AC-091826-149571
Tranquil Spirit		Reiki Level Two Workshop	13 hrs Elective	MAS-AC-091826-149573
Tranquil Spirit		Reiki Karuna Reiki Master Level	13 hrs Elective	MAS-AC-091826-149575
Tranquil Spirit		Reiki ART/Master Level	13 hrs Elective	MAS-AC-091826-149574
Tranquil Spirit		Reflexology Workshop	13 hrs Core	MAS-AC-091826-149576

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